

The Peahen

ST ALBANS

BAR SNACKS & SHARERS

Padron peppers (ve) ~ £3.75

Roasted with Maldon sea salt.

Baked in the box Camembert (v) ~ £7.25

Toasted non-gluten bread and Tracklements onion marmalade.

Smoked mixed nuts (ve) ~ £3.25

Marinated mixed olives (ve) ~ £3.00

Baba ganoush & hummus plate (v) ~ £8.95

Traditional hummus, smoked paprika, homemade baba ganoush, baby vegetables and seeded non-gluten roll.

SMALL PLATES

THREE FOR £14.50 OR FIVE FOR £22.50

Griddled halloumi cheese (v) ~ £5.95

Roasted vegetables, balsamic, garlic, olive oil, rocket and herb dressing.

Hummus (v) ~ £5.25

Smoked paprika, baby vegetables and seeded non-gluten roll.

Sweet potato falafels (v) ~ £5.95

Sour cream, coriander.

Marinated chicken thigh skewers ~ £6.25

Red pepper and chilli marinade, rocket and pomegranate.

Devilled king prawns ~ £5.65

Guacamole and Sriracha hot sauce.

BRUNCH

AVAILABLE MONDAY – FRIDAY 12-5PM, SATURDAY AND SUNDAY UNTIL 2PM

Halloumi breakfast (v) ~ £8.95

Grilled halloumi, poached egg, potato rösti, flat mushroom, beef tomato and hollandaise sauce.

Eggs Royale ~ £6.95

Poached eggs on a toasted seeded non-gluten roll topped with smoked salmon and hollandaise sauce.

Eggs Benedict ~ £6.75

Poached eggs on a toasted seeded non-gluten roll topped with smoked streaky bacon and hollandaise sauce.

Eggs Florentine (v) ~ £6.50

Poached eggs on a toasted seeded non-gluten roll topped with baby spinach and hollandaise sauce.

~ All our eggs are free range

Bacon sandwich ~ £3.50

Sliced non-gluten bread.

Smoked salmon and scrambled eggs ~ £7.95

Chives, black pepper and lemon.

Chorizo hash ~ £6.25

Red peppers, onion, fried potato, 2 poached eggs and Sriracha sauce.

MAIN PLATES

Sweet potato & butterbean stew (v) ~ £10.25

Sweet potato falafels, baked seeded non-gluten roll.

Courgetti (ve) ~ £9.25

Butternut squash, herb oil, lemon, pomegranate seeds and baby spinach.

Roast seabass ~ £11.95

Quinoa stir-fry, herb oil, lemon.

Peri peri chicken ~ £10.50

Marinated half chicken on the bone, sea salted fries and slaw.

~ Swap fries to sweet potato fries for £1.00

Prosecco & courgette risotto (v) ~ £8.95

Olive oil, toasted seeds, rocket, Gran Moravia hard cheese crisp.

~ Add poached chicken / grilled prawns / griddled halloumi for £3.00

28 day aged grass-fed 8oz sirloin steak ~ £15.95

Sea salted fries, creamed spinach, beef tomato and flat mushroom.

~ Add peppercorn sauce £1.00

OUR SIGNATURE BURGERS

Served in a brioche bun with salad, burger sauce and sea salted fries.

Beef ~ £10.50

Chicken breast ~ £9.95

~ Add cheese and bacon £1.00 each

Sweet potato and halloumi stack (v) ~ £9.45

~ Swap fries to sweet potato fries for £1.00

DESSERTS ALL £4.95

Warm chocolate brownie (v)

Vanilla ice cream and chocolate sauce.

Treacle sponge (v)

Vanilla custard.

SIDES

Fries or chunky chips (v) ~ £3.25

House salad (ve) ~ £2.00

Tomato, cucumber, baby spinach, red pepper, red onion and mixed grains.