

# The Peahen

ST. ALBANS

## SOCIAL SHARERS

ONE DISH	£ 6.00
TWO DISHES	£ 11.00
THREE DISHES	£ 15.50
FOUR DISHES	£ 20.00

**SMOKED HADDOCK & DILL CROQUETTES**  
Tartare sauce, crispy kale & Maldon™ sea salt

**HALLOUMI FRIES (V)**  
Paprika coated & sweet chilli sauce

**STEAMED DUCK DUMPLINGS**  
Coriander, soy & sweet chilli dipping sauce

**STICKY THAI CHICKEN BITES**  
Sesame seeds & spring onion

**HUMMUS DUO (VE)**  
Traditional hummus, beetroot & apple hummus, olive oil & wholemeal pitta

**COD GOUJONS**  
Atlantic cod goujons in herb batter & tartare sauce

**CHARGRILLED CHICKEN WINGS**  
Choice of maple & bourbon BBQ sauce OR Peri Peri

**SWEET POTATO FALAFELS (VE)**  
Smoky chipotle dipping sauce & coriander

**WILD MUSHROOMS (V)**  
Barber's Vintage Farmhouse Cheddar™ & spinach cream sauce & toasted rosemary focaccia

**GLOUCESTER OLD SPOT MINI SAUSAGES**  
Honey & mustard glaze & Tracklements™ onion marmalade

## MAIN PLATES

**BRITISH CURED GAMMON STEAKS** £ 10.50  
Two chargrilled 5oz gammon steaks, free range fried eggs, chunky chips, beef tomato & flat mushroom

**PAN-ROASTED SALMON FILLET** £ 12.95  
Marinated with olive oil, lemon, garlic & herbs. Sautéed garlic baby potatoes, grilled lemon, tenderstem broccoli & dill oil

**8OZ SIRLOIN STEAK** £ 16.95  
28-day aged grass-fed, chunky chips, beef tomato, flat mushroom, peppercorn sauce & a dressed house salad

**PEA & MINT RISOTTO (VE)** £ 9.95  
Crispy kale, toasted pumpkin & chia seeds & dill oil

- with chargrilled chicken £ 12.95  
- with marinated salmon £ 13.45

**CHICKEN & BACON SALAD** £ 10.25  
Gem lettuce, baby spinach, avocado, red pepper, sun-blushed tomatoes, Gran Moravia™ hard cheese, Caesar dressing & soft-boiled egg

**HARISSA LAMB** £ 13.95  
6oz lamb rump marinated in Harissa, roasted peppers, beef tomatoes, red onion, chickpeas, courgettes & baby potatoes

**WINTER VEGETABLE SALAD (VE)** £ 9.95  
Tenderstem broccoli, kale, roasted vegetables, quinoa, baby spinach, pomegranate, toasted seeds, lemon & olive oil

- with grilled halloumi (V) £ 12.45  
- with chargrilled chicken £ 12.95  
- with marinated salmon £ 13.45

**HAND BATTERED FISH & CHIPS** £ 11.95  
Atlantic cod fillet in herb batter, chunky chips, tartare sauce, grilled lemon & smashed peas

**CHICKEN, HAM & LEEK PIE** £ 13.95  
Tenderstem broccoli, parsley cream sauce & a choice of buttered mash OR chunky chips

## SANDWICHES Served daily until 5pm

*With a mug of sea salted & thyme skin on fries or a house salad*

ALL  
£ 8.25

**A.H.T. SANDWICH (V)**  
Avocado, halloumi, tomato, dill oil & Tracklements™ onion marmalade

**COD GOUJON SANDWICH**  
Atlantic cod goujons in herb batter & tartare sauce

**C.B.L.T. SANDWICH**  
Chargrilled chicken breast, smoked streaky bacon, beef tomato, gem lettuce & mayonnaise

**STEAK SANDWICH**  
4oz Sirloin steak, Tracklements™ onion marmalade, gem lettuce & horseradish

## BAR SNACKS

**MIXED NUTS & WASABI PEAS (VE)** £ 3.50

**GARLIC & HERB MARINATED MIXED OLIVES (VE)** £ 3.50

**BAKED CAMEMBERT (V)** £ 11.25  
Infused with rosemary and garlic. Olive oil, toasted rosemary focaccia and Tracklements™ onion marmalade

**NACHOS (V)** £ 9.75  
Fried wheat tortillas, bean chilli, sour cream, avocado dip and melted Cheddar cheese

## SIDES

**SKIN ON FRIES / CHUNKY CHIPS (VE)** £ 3.75

**SWEET POTATO FRIES (VE)** £ 3.95

**ONION NESTS (V)** £ 3.50

**HOUSE SALAD (VE)** £ 2.50

## BURGERS

*Served in a toasted brioche bun with beef tomato, gem lettuce, pickled gherkins, burger sauce & sea salted & thyme skin on fries*

**WAGYU BEEF BURGER** £ 14.95

**BUTTERMILK CHICKEN BURGER** £ 11.75  
Fresh chicken breast marinated in buttermilk & coated in panko breadcrumbs, with Emmental cheese, maple & bourbon BBQ sauce

**SWEET POTATO & HALLOUMI STACK (V)** £ 10.25

**6OZ BEEF BURGER** £ 11.25

- add Barber's Vintage Farmhouse Cheddar™ & smoked streaky bacon £ 1.50 each  
- swap fries to sweet potato fries for £ 1.25

## DESSERTS

ALL  
£ 4.95

**WHITE & DARK CHOCOLATE TRUFFLE CHEESECAKE (V)**  
Vanilla pod ice cream & raspberry coulis

**BELGIAN WAFFLE (V)**  
Vanilla pod ice cream & caramel sauce

**BLACK CHERRY PIE (V)**  
Crème anglaise

**FRESH BERRY SALAD (VE)**  
Blueberries, raspberries, strawberries, green apple sorbet & raspberry coulis

**APPLE & BLACKBERRY CRUMBLE (V)**  
Crème anglaise

**WARM CHOCOLATE BROWNIE (V)**  
Vanilla pod ice cream & chocolate sauce

**GREEN APPLE SORBET (VE)**  
Raspberry coulis

ALLERGEN INFORMATION AVAILABLE