

The Peahen

ST. ALBANS

BAR SNACKS & SHARERS

Baked in the box Camembert (v) ~ £6.95
With toasted GF bread and Tracklements sticky fig relish.

BURGERS

*Griddled to order, served in a toasted GF bun,
gem lettuce, beef tomato, gherkin, red onion,
our burger sauce, sea salted fries.*

~ Swap to sweet potato fries for £1.00

Beef ~ £9.95

Sweet potato & halloumi (v) ~ £9.25

Chicken breast ~ £9.75

~ Toppings all £1 each

~ Bacon

~ Avocado (v)

~ BBQ pulled pork

~ Fried egg

~ Stilton (v)

~ Flat mushroom (v)

~ Cheddar (v)

~ Onion marmalade (v)

SIDES

Sweet potato fries (v)
~ £3.50

Fries or chunky chips (v)
~ £3.25
With sriracha mayo.

House salad (v)
~ £2.00

Tomato, cucumber, spinach,
red pepper, red onion and
toasted seeds.

NON-GLUTEN MENU

SMALL PLATES

THREE FOR £14.50 FIVE FOR £22.50

Chicken thigh skewers ~ £5.95

Lemon & thyme marinade, rocket and pomegranate dip.

Sweet potato pâté (v) ~ £5.25

Tracklements onion marmalade, toasted GF bread, crushed
walnuts and olive oil.

Antipasti plate ~ £6.25

Cured meats, gherkins, olives, sun-blushed tomatoes, rocket,
Gran Moravia™ hard cheese and toasted GF roll.

Cheese & bacon potato wedges ~ £4.95

With sour cream.

Avocado, mozzarella & sun-blushed tomato
bruschetta (v) ~ £5.95

Toasted GF roll, black olive tapenade and kale pesto.

Sun-blushed tomato hummus (v) ~ £5.95

With crudités and GF toast.

MAIN PLATES

Smoked bacon steak ~ £10.50

Fried free range eggs, thick cut chips and rocket.

Crayfish & avocado salad ~ £8.95

Red chilli, pink grapefruit, gem lettuce, toasted seeds mint and
lemon dressing.

28 day aged grass-fed 8oz sirloin steak ~ £15.95

With sea salted fries, creamed spinach, beef tomato and flat
mushroom.

Add peppercorn sauce £1.25

Peri peri chicken ~ £10.50

Marinated half chicken on the bone served with sweet potato
fries and slaw.

LUNCH

AVAILABLE 12-5 PM

~ All £8.00

With a mug of sea salted fries or house salad

Simply grilled chicken

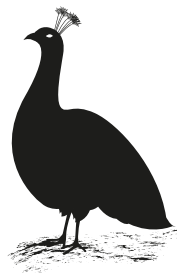
With creamed spinach, beef tomato and flat mushroom.

Chicken & bacon club

Triple layered toasted GF bread, soft boiled egg, tomato, gem
lettuce and mayonnaise.

Steak sandwich

Sliced GF bread, Tracklements onion marmalade, rocket and
horseradish.



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Our Story

The first mention of The Peahen is in 1480, and on the construction of London Road in the 18th Century it was merged with the adjoining pub, The Woolpack.

Trading as a hotel, The Peahen was a vital stopping point on the way through to London for tourists and business folk. The original wood building burnt down towards the end of the 19th Century and was rebuilt in its current form as The Peahen Hotel.

In 1936 McMullen & Sons Ltd, the family brewers of Hertfordshire established in 1827, came into possession of The Peahen and remain its proud custodians to this day.

DESSERTS

Salted caramel cheesecake ~ £4.95
With dulce de leche sauce.

Vanilla panna cotta ~ £4.95
With balsamic strawberries and mint.

Vanilla ice cream ~ £2.50

(V) suitable for vegetarians. Fish and poultry dishes may contain bones. Desserts contain calories. All weights are approximate prior to cooking. All items are subject to availability.

ALLERGEN INFORMATION. Free from gluten menu is available upon request. If you have any allergies or dietary requirements please speak to our team for more information. Our kitchens contain many ingredients and so we cannot guarantee the total absence of nuts, gluten or other allergens. A full list of allergens in each dish is available for your peace of mind.

All prices include V.A.T.

SERVICE IS NOT INCLUDED.

ALL TIPS ARE RETAINED BY THE GRATEFUL TEAM.

www.peahenstalbans.co.uk

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COFFEE & TEA

Americano/decaf ~ £2.25

Espresso single ~ £1.55 /double ~ £1.95

Mocha ~ £2.55

Cappuccino ~ £2.55

Latte ~ £2.55

Hot chocolate ~ £2.95

Flat white ~ £2.55

SUKI TEA ~ £1.95

Ask for our selection of teas and fruit & herbal infusions