



# The Peahen

ST. ALBANS

## BAR SNACKS & SHARERS

### Nachos (v) ~ £6.95

Fried wheat tortilla, bean chilli, sour cream, avocado and melted cheese.

### Scotch egg ~ £4.50

With piccalilli.

### Baked in the box Camembert (v) ~ £6.95

With toasted bloomer and Tracklements sticky fig relish.

### Cheese & beer croquettes (v) ~ £4.50

With Tracklements onion marmalade.

### Seafood churros ~ £4.75

Tartare sauce, salt & vinegar seasoning.

### Posh whitebait ~ £4.95

Smoked paprika, crispy rocket, tartare sauce, lemon.

## SMALL PLATES

### THREE FOR £14.50 FIVE FOR £22.50

### Griddled halloumi cheese (v) ~ £5.95

With bulgur wheat salad and lemon oil.

### Grilled chorizo ~ £5.95

With toasted rosemary focaccia.

### Marinated chicken thigh skewers ~ £5.95

Lemon & thyme marinade, rocket, pomegranate dip.

### Potted sweet potato (v) ~ £5.25

Tracklements onion marmalade, toasted bloomer, crushed walnuts, olive oil.

### Steamed duck dumplings ~ £6.25

Soy sauce & sweet chilli dip.

### Cheese & bacon potato wedges ~ £4.95

With sour cream.

### Salt & pepper squid ~ £5.95

With sweet chilli dip.

### Pork & chorizo sausages ~ £5.95

With Thai spiced mayo.

### Kale & Heritage tomato salad (v) ~ £5.95

Rocket leaves, kale pesto.

### Stuffed vine leaves (v) ~ £5.25

Pomegranate dressing, green salad, pomegranate seeds

### Sunblushed tomato hummus (v) ~ £4.95

Wholemeal pitta bread, cucumber, carrot and celery.

## MAIN PLATES

### Devon crab and prawn linguini ~ £10.95

Red chilli, garlic, olive oil, parsley, baby spinach, Gran Moravia™ hard cheese.

### Smoked bacon steak ~ £10.75

Fried free range eggs, thick cut chips, rocket leaves.

### Blackened cod ~ £12.50

Potato rösti, tenderstem broccoli, green beans, olive oil, mango salsa, coriander.

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### 28 day aged grass-fed 8oz sirloin steak ~ £15.95

With sea salted fries, creamed spinach, beef tomato, flat mushroom.

~Add peppercorn sauce £1.00

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### Cod and chips ~ £11.50

Atlantic cod, McMullen ale & herb batter, chunky chips, tartare sauce, minted mushy peas.

### Roast sweet potato (v) ~ £9.95

With spiced rice, crushed avocado, sour cream, olive oil.

### Blade of beef & Rioja pie ~ £11.95

Buttered mash, buttered greens, red wine gravy.

### Chicken & bacon club salad ~ £9.25

Gem lettuce, baby spinach, avocado, red pepper, sunblushed tomatoes, Gran Moravia™ hard cheese, Caesar dressing, soft boiled egg.

### Peri peri chicken ~ £10.25

Marinated half chicken on the bone served with sweet potato fries, slaw.

## BURGERS

*Griddled to order, served in a toasted brioche bun, gem lettuce, beef tomato, gherkin, red onion, our burger sauce, sea salted fries.*

~ Swap to sweet potato fries for £1.00

### Beef ~ £10.25

### Buttermilk chicken burger ~ £10.75

Fried in panko breadcrumbs and topped with Emmental and BBQ sauce.

### Sweet potato & halloumi (v) ~ £9.50

### Chicken breast ~ £9.95

### Toppings all £1 each

- |               |                       |
|---------------|-----------------------|
| ~ Bacon       | ~ BBQ pulled pork     |
| ~ Fried egg   | ~ Onion rings (v)     |
| ~ Stilton (v) | ~ Flat mushroom (v)   |
| ~ Cheddar (v) | ~ Onion marmalade (v) |
| ~ Avocado (v) |                       |



# The Peahen

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## Our Story

The first mention of The Peahen is in 1480, and on the construction of London Road in the 18th Century it was merged with the adjoining pub, The Woolpack.

Trading as a hotel, The Peahen was a vital stopping point on the way through to London for tourists and business folk.

The original wood building burnt down towards the end of the 19th Century and was rebuilt in its current form as The Peahen Hotel.

In 1936 McMullen & Sons Ltd, the family brewers of Hertfordshire established in 1827, came into possession of The Peahen and remain its proud custodians to this day.

(V) suitable for vegetarians. Fish and poultry dishes may contain bones. Desserts contain calories. All weights are approximate prior to cooking. All items are subject to availability.

**ALLERGEN INFORMATION.** Non-gluten menu is available upon request. If you have any allergies or dietary requirements please speak to our team for more information. Our kitchens contain many ingredients and so we cannot guarantee the total absence of nuts, gluten or other allergens. A full list of allergens in each dish is available for your peace of mind.

All prices include V.A.T.

SERVICE IS NOT INCLUDED.  
ALL TIPS ARE RETAINED BY THE GRATEFUL TEAM.

## SIDES

Sweet potato fries (v) ~ £3.50

Fries or chunky chips (v) ~ £3.25  
With sriracha mayo.

Bread & oil (v) ~ £3.25

House salad (v) ~ £2.00  
Tomato, cucumber, spinach, red pepper, red onion and mixed grains.

Beer battered onion rings (v) ~ £3.25

## DESSERTS

All £4.95

Salted caramel cheesecake (v)  
With dulce de leche sauce.

Toffee waffle (v)  
With vanilla ice cream and chocolate sauce.

Warm chocolate brownie (v)  
With vanilla ice cream and chocolate sauce.

Gin & red berry cheesecake (v)  
With raspberries, strawberries, raspberry coulis, mint.

Vanilla panna cotta (v)  
With balsamic strawberries and mint.

## COFFEE & TEA

Americano/decaf ~ £2.25

Espresso  
single ~ £1.55 / double ~ £1.95

Mocha ~ £2.55

Cappuccino ~ £2.55

Latte ~ £2.55

Hot chocolate ~ £2.95

Flat white ~ £2.55

## SUKI TEA

£1.95

*Ask for our selection of teas and fruit & herbal infusions*

BOOK ONLINE AT [WWW.PEAHENSTALBANS.CO.UK](http://WWW.PEAHENSTALBANS.CO.UK)

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